



Just Start With One

Introducing Adaptive Rowers to Your Programme

Myths

Not Myths

-  Support
-  Risks
-  Equipment
-  Expense
-  Coaching
-  Sensitivity
-  Competition
-  Capacity

Facility lacks accessibility

Transferring (from wheelchair needs more care than meets the eye)

Disabled athletes are more likely to injure themselves

Capsize safety does require extra consideration for PR1s especially, but also cognitively impaired, seizure prone and others

No adaptive equipment

Specialist adaptive equipment is relatively expensive

Very expensive

Most common adaptive item is safety floats which cost ~£300
Lots of charity funding available

No knowledge

Higher coverage ratio

Worried about causing offence

“Let us know if we can help.”
“Impairment” not “disability”

Dilutes our competitiveness

Many competitions

Don't have much capacity for influx of new members

Vast majority of adaptive clubs have only one or two